

ELECTIVE COURSES (Core or Continuing Ed)

E305	LYMPHATIC DRAINAGE TECHNIQUE Gleason Practicum Required for Course	42 Hrs.	Sat/Sun JAN 10-11, FEB 14-15, MAR 14-15 9:00 am – 5:30 pm	E305 □ 1040.00
T307	NEUROMUSCULAR THERAPY Phillips, Nick	42 Hrs.	Tue. JAN 6–MAR 10 6:00PM–10:35PM	T307 □ 1040.00

CONTINUING EDUCATION FOR LICENSE RENEWAL

M507	5-Hour TN MASSAGE LAW (Out of State LMT's seeking TN Licensure) Whitehead	5 Hrs.	Tues. JAN. 13 9:00 AM – 2:00 PM	M507 □ 200.00*
C125	HEAD/NECK/BRAIN LYMPHATIC REFRESHER CLASS Gleason	4 Hrs.	Fri. JAN 16 9:00 AM – 1:00 PM Prerequisite: 10-Week Full Body or C114 HNB	C125 □ 189.00* *\$234 after 1/8/26
C403	REIKI 2 Crawford, Mary Beth	13 Hrs.	Sat/Sun JAN 17-18 9:00AM – 4:30 PM	C403 □ 345.00* *\$390 after 1/8/26
C516	2-HOUR TN MASSAGE LAW FOR ESTABLISHMENT OWNERS	2 Hrs.	Tues. JAN. 20 11:00 AM – 1:00 PM	C516 □ 200.00
C505/C516	TN MASSAGE LAW AND ETHICS SIMULTANEOUS ONSITE & LIVE WEBINAR Oldham & Sommers	4 Hrs.	Wed. JAN 28 6:00 PM – 10:15 PM	C505 □ 185.00 *\$230 after 1/21/26
C387	ACU-FASCIAL – URINARY BLADDER Sommers, Steve	8 Hrs.	Wed. FEB 4 8:30 AM – 5:30 PM	C387 □ 265.00* *\$310 after 1/28/26
C805	THAI MASSAGE FOR THE TABLE Living Sabai – Jill B. NCBTMB #451012-09	7 Hrs.	Sat. FEB 7 9:00AM – 5:00 PM	C805 □ 229.00* *\$274 after 1/30/26
M507	5-Hour TN MASSAGE LAW (Out of State LMT's seeking TN Licensure) Whitehead	5 Hrs.	Tues. FEB. 10 9:00 AM – 2:00 PM	M507 □ 200.00*
C122	LYMPHATIC DRAINAGE FOR ABDOMEN Gleason, Denise	8 Hrs.	Wed. FEB 11 8:00 AM – 5:00 PM Prerequisites: Any Full Body Lymphatic Class	C122 □ 265.00* *\$310 after 2/4/26
C516	2-HOUR TN MASSAGE LAW FOR ESTABLISHMENT OWNERS Whitehead	2 Hrs.	Tues. FEB. 17 11:00 AM – 1:00 PM	C516 □ 200.00
C420	THE EIGHT LIMBS OF YOGA Lynn Smith, LMT	8 Hrs.	Sat. FEB. 21 8:00 AM – 5:00 PM	C420 □ 265.00* *\$310 after 2/12/26
C123	ADVANCED LYMPHATIC FOR HEART & LUNGS Gleason, Denise	8 Hrs.	Sun. FEB 22 8:00 AM – 5:00 PM Prerequisites: Any Full Body Lymphatic Class	C123 □ 265.00* *\$310 after 2/13/26
C211	TREAT PLANNING FOR MEDICAL CONDITIONS & INJURIES Oldham	4 Hrs.	Mon. FEB. 23 9:00 AM – 1:15 PM	C211 □ 189.00* *\$234 after 2/16/26
C240	INTRODUCTION TO THE SYNERGY WAY Oldham	7 Hrs.	Thurs. FEB. 26 9:00 AM – 5:00 PM	C240 □ 265.00* *\$310 after 2/19/26
C 506	CRANIOSACRAL CORRECTIVE TECHNIQUES Scruggs, Terry	13 Hrs.	Sat/Sun FEB 28 & MAR 1 9:00 AM – 4:30 PM Prerequisite: 10-Week Full Body or Upledger Class	C 506 □ 345.00 *\$390 after 2/19/26
C 606A	EFFECTIVE CLIENT COMMUNICATIONS Jenny Donohue, LMFT	6 Hrs.	Sat. MAR. 7 9:00 AM – 4:00 PM (1 hour lunch break)	C 606A □ 225.00 *\$270 after 2/27/26
C903	SELF CARE & YOGA FOR MASSAGE THERAPIST Adam Green	13 Hrs.	2 Tues. MAR. 10 & 17 9:00 AM - 4:30 PM	C 903 □ 345.00 *\$390 after 3/3/26
M507	5-Hour TN MASSAGE LAW (Out of State LMT's seeking TN Licensure) Whitehead	5 Hrs.	Tues. MAR. 17 9:00 AM – 2:00 PM	M507 □ 200.00*
C210	MASSAGE TECHNIQUES USING FOREARMS & ELBOWS Oldham	8 Hrs.	Wed. MAR 18 8:30 AM – 5:30 PM	C210 □ 265.00* *\$310 after 3/11/26
C308	BASIC JIN SHIN DO® Steve Sommers NCBTMB #026771 Must attend all 6 days**	40 Hrs.	Fri/Sat/Sun: MAR 20-21-22 AND** Fri/Sat/Sun: APRIL 17-18-19 8:00AM – 5:00PM daily	C308 □ 1040.00 *\$1085 after 3/12/26
C505/C516	TN MASSAGE LAW AND ETHICS SIMULTANEOUS ONSITE & LIVE WEBINAR Oldham & Sommers	4 Hrs.	Mon. MAR. 23 6:00 PM – 10:15 PM	C505 □ 185.00 *\$230 after 3/16/26
C516	2-HOUR TN MASSAGE LAW FOR ESTABLISHMENT OWNERS	2 Hrs.	Tues. MAR. 24 11:00 AM – 1:00 PM	C516 □ 200.00
C 214	SELF-CARE FOR THERAPISTS Oldham	8 Hrs.	Wed. MAR. 25 8:30 AM – 5:30 PM	C210 □ 265.00* *\$310 after 3/18/26
C717	AROMATHERAPY FOR THE MIND/BODY/SPIRIT BASED ON CHINESE MEDICINE Wolfgang Luckmann NCBTMB#279778-00	8 Hrs.	Fri. MAR. 27 8:30 AM – 6:00 PM	C717 □ 265.00 *\$310 after 3/19/26

C718	SOUND HEALING WITH TUNING FORKS, CHAKRA BALANCING AND ACUPRESSURE MERIDIANS Wolfgang Luckmann NCBTMB#279778-00	16 Hrs.	Sat/Sun. MAR. 28-29 8:30 AM – 6:00 PM <i>Price includes a set of two tuning forks with weights</i>	C718 <input type="checkbox"/> 450.00 *\$495 after 3/19/26

INTRO EVENING FOR PROSPECTIVE STUDENTS	FRIDAY, MARCH 6, 2026	5:30 PM – 7:30 PM	FREE
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<p>I understand that I am obligated to pay only the tuition for which I am registering.</p> <hr/> <p>Student Signature _____ Date _____</p> <p>SS# _____</p> <p>Name _____</p> <p>Address _____</p> <p>City _____ State _____ Zip _____</p> <p>Home/Work/Cell: _____</p> <p>Email Address _____</p> <p style="text-align: center;"><input type="checkbox"/> Check box if you do <u>not</u> wish to receive communication from Cumberland</p>	<table style="width: 100%;"> <tr> <td>Tuition Total</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Additional Fees, Insurance, Table</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Late Fees (Registration or Payment)</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Total Fees Due</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td><input type="checkbox"/> Full Payment Enclosed</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td><input type="checkbox"/> 1/3 Payment Enclosed</td> <td style="text-align: right;">\$ _____</td> </tr> </table> <hr/> <p><input type="checkbox"/> Cash <input type="checkbox"/> Check or Money Order <input type="checkbox"/> Discover <input type="checkbox"/> MC/VISA</p> <p>Card Exp Date _____ Sec Code _____</p> <p>Card # _____</p> <p>Name on Card _____</p> <p>Card billing street no. /zip code _____ / _____</p>	Tuition Total	\$ _____	Additional Fees, Insurance, Table	\$ _____	Late Fees (Registration or Payment)	\$ _____	Total Fees Due	\$ _____	<input type="checkbox"/> Full Payment Enclosed	\$ _____	<input type="checkbox"/> 1/3 Payment Enclosed	\$ _____
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<input type="checkbox"/> 1/3 Payment Enclosed	\$ _____												
<p><u>Submit Registration & Payment to:</u> Cumberland Institute 500 Wilson Pike Circle, Suite 121 Brentwood, TN 37027 Teresa -615-370-9794 or Candis - 615-370-5869</p>													