

| ELECTIVE COURSES – CAN BE USED FOR CONTINUING EDUCATION COURSE OR CORE |  |         |   |   |
|--|--|---------|---|---|
| T305/E305  | LYMPHATIC DRAINAGE TECHNIQUE<br>Gleason, CLT, LMT **Practicum required                                     | 42 Hrs. | 3 Weekends: Sat/Sun July 11-12, Aug. 8-9 & Sept. 12-13 9:00 am – 5:30 pm                        | E305 □ 1040.00<br>*\$1085 after 6/22/26 |
| T307   | NEUROMUSCULAR THERAPY<br>Phillips, LMT **Practicum required  | 42 Hrs. | Tue. June 30-Sept. 1 6:00P – 10:35P   | E307 □ 1040.00<br>*\$1085 after 6/22/26 |
| CONTINUING EDUCATION FOR LICENSE RENEWAL                               |  |         |   |   |
| C242   | SYNERGY WAY – LEVEL 2<br>Oldham, Mindy <b>Prerequisite: C241 - SW - Le vel 1</b>                           | 21 Hrs. | Tue/Wed/Thur. JULY 7-8-9<br>9:00 AM – 5:00 PM   | C242 □ 535.00*<br>*\$580 after 6/30/26  |
| M507   | 5-Hour TN MASSAGE LAW (Out of State LMT's seeking TN Licensure) WEBINAR ONLY                               | 5 Hrs.  | Tues. JULY 14 9:00AM – 2:00 PM  | M507 □ 200.00                           |
| C321   | FASCIAL FREEDOM TECHNIQUES<br>Sommers & Sommers  | 21 Hrs. | Fri/Sat/Sun. JULY 17-18-19<br>9:00AM-5:00PM   | C321 □ 495.00*<br>*\$540 after 7/9/26   |
| C120   | ADVANCED LYMPHATIC FOR SMALL & LARGE INTESTINE Gleason <b>*Prerequisite</b>                                | 8 Hrs.  | Mon. JULY 20 8:30 AM – 5:30 PM<br><b>Prerequisite: E305 Full Body Class</b>                     | C120 □ 265.00*<br>*\$310 after 7/13/26  |
| C516   | 2-Hour TN MASSAGE LAW for Establishment Owners WEBINAR ONLY  | 2 Hrs.  | Tues. JULY 21 11:00 AM – 1:00 PM  | C516 □ 200.00                           |
| C403   | REIKI – 2 <sup>nd</sup> DEGREE<br>M. Crawford, LMT <b>Prerequisite: Reiki 1</b>                            | 13 Hrs. | Sat./Sun. JULY 25-26 9:00AM-4:30PM  | C403 □ 345.00*<br>*\$390 after 7/16/26  |
| C505/C516  | TN MASSAGE LAW & ETHICS SIMULTANEOUS ONSITE AND LIVE WEBINAR Oldham & Sommers                              | 4 Hrs.  | Mon. JULY 27 10:00 AM – 2:15 PM   | C505 □ 185.00*<br>*\$230 after 7/20/26  |
| C 125  | HEAD/NECK/BRAIN LYMPHATIC REFRESHER CLASS Gleason*Prerequisite   | 4 Hrs.  | Fri. JULY 31 9:00 AM – 1:00 PM<br><b>Prerequisite: E305 Full Body or C114 HNB</b>               | C125 □ 189.00*<br>*\$234 after 7/24/26  |
| C844   | MASSAGE ADAPTATIONS FOR CHRONIC PAIN Services by Kim   | 8 Hrs.  | Sun. AUG. 2 8:30 AM- 5:30 PM  | C844 □ 265.00*<br>*\$310 after 7/24/26  |
| C390   | ACUFASCIAL FREEDOM-Triple Warmer Sommers, LMFT, LMT  | 8 Hrs.  | Wed. AUG. 5 8:30 AM – 5:30 PM   | C390 □ 265.00*<br>*\$310 after 7/29/26  |
| C240   | INTRODUCTION TO THE SYNERGY WAY Oldham, Mindy  | 7 Hrs.  | Thurs. AUG. 6 9:00 AM – 5:00 PM   | C240 □ 265.00*<br>*\$310 after 7/30/26  |
| C 121  | ADVANCED LYMPHATIC FOR KIDNEY & ADRENALS Gleason*Prerequisite  | 8 Hrs.  | Fri. AUG. 14 8:30 AM – 5:30 PM<br><b>Prerequisite: E305 at Cumberland since 2016 **</b>         | C121 □ 265.00*<br>*\$310 after 8/7/26   |
| C505/C516  | TN MASSAGE LAW & ETHICS SIMULTANEOUS ONSITE AND LIVE WEBINAR Oldham & Sommers                              | 4 Hrs.  | Sun. AUG. 16 6:00 PM – 10:15 PM   | C505 □ 185.00*<br>*\$230 after 8/7/26   |
| M507   | 5-Hour TN MASSAGE LAW (Out of State LMT's seeking TN Licensure) WEBINAR ONLY                               | 5 Hrs.  | Tue. AUG. 18 9:00AM – 2:00 PM   | M507 □ 200.00                           |
| C214   | SELF-CARE FOR THERAPISTS<br>Oldham, Mindy  | 8 Hrs.  | Wed. AUG. 19 8:30 AM – 5:30 PM  | C214 □ 265.00*<br>*\$310 after 8/12/26  |
| C506   | CRANIOSACRAL CORRECTIVE TECHNIQUES Scruggs   | 13 Hrs. | Sat/Sun. AUG. 22-23 9:00AM-4:30PM<br><b>Prerequisite: 10-Week Full Body or Upledger Class</b>   | C506 □ 345.00*<br>*\$390 after 8/14/26  |
| C516   | 2-Hour TN MASSAGE LAW for Establishment Owners WEBINAR ONLY  | 2 Hrs.  | Tues. AUG. 25 11:00 AM – 1:00 PM  | C516 □ 200.00                           |
| C402   | REIKI 1<br>Crawford  | 13 Hrs. | Sat/Sun. AUG 29-30 9:00 AM-4:30PM   | C402 □ 345.00*<br>*\$390 after 8/21/26  |
| C843   | Prenatal Massage: Rejuvenation for Mothers<br>Services by Kim NCBTMB#1000986                               | 20 Hrs. | Mon. AUG. 31 8:00 AM-5:30 PM<br>Tues. SEPT. 1 8:00 AM-5:30 PM<br>Wed. SEPT 2 8:00 AM – 12:30 PM | C843 □ 530.00*<br>*\$575 after 7/20/26  |
| C842   | BirthWork Through Touch: 20 CE Live Services By Kim NCBTMB # 1000986                                       | 20 Hrs. | Wed. SEPT 2 1:30 PM – 5:30 PM<br>Thurs/Fri. SEPT 3-4 8:00 AM-5:30 PM                            | C842 □ 530.00*<br>*\$575 after 7/20/26  |
| C241   | SYNERGY WAY – LEVEL 1<br>Oldham, Mindy <b>Prerequisite: C240 -Intro to SW</b>                              | 21 Hrs. | Wed/Thurs/Fri. SEPT. 9-10-11<br>9:00 AM – 5:00 PM   | C241 □ 535.00*<br>*\$580 after 8/2/26   |
| M507   | 5-Hour TN MASSAGE LAW (Out of State LMT's seeking TN Licensure) WEBINAR ONLY                               | 5 Hrs.  | Tues. SEPT. 15 9:00AM – 2:00 PM   | M507 □ 200.00                           |
| C505/C516  | TN MASSAGE LAW & ETHICS SIMULTANEOUS ONSITE AND LIVE WEBINAR Oldham & Sommers                              | 4 Hrs.  | Wed. SEPT 16 6:00 PM – 10:15 PM   | C505 □ 185.00*<br>*\$230 after 9/9/26   |
| C119   | ADVANCED LYMPHATIC FOR-Duodenum/Stomach/Pancreas/Spleen<br>Gleason <b>*Prerequisite of Full Body Class</b> | 13 Hrs. | Thur/Fri. SEPT. 17-18<br>9:00 AM – 4:30 PM  | C119 □ 345.00*<br>*\$390 after 9/10/26  |

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| C 315 | FIVE ELEMENT THEORY<br>Sommers   | 8 Hrs.  | Sat. SEPT. 19 8:30 AM – 5:30 PM  | C315 <input type="checkbox"/> 265.00*<br>*\$310 after 9/11/26 |
| C516  | 2-Hour TN MESSAGE LAW for<br>Establishment Owners WEBINAR ONLY                   | 2 Hrs.  | Tues. SEPT. 22 11:00 AM – 1:00 PM  | C516 <input type="checkbox"/> 200.00                          |
| C801  | TRADITIONAL THAI MASSAGE 3-DAY<br>CLASS<br>NCBTMB #451012-09 Living Sabai- Brant | 21 Hrs. | Fri/Sat/Sun SEPT. 25-26-27<br>Friday/Saturday - 9:00 am – 5:30 pm &<br>Sunday- 8:30 am – 3:30 pm | C801 <input type="checkbox"/> 429.00*<br>*\$474 after 9/18/26 |
| C116  | UNDERSTANDING HOW TO<br>MESSAGE LYMPHEDEMA PATIENTS<br>Gleason, Denise           | 4 Hrs.  | Mon. SEPT. 28 9:00 AM – 1:15 PM<br><b>No Prerequisites</b>                                       | C116 <input type="checkbox"/> 189.00*<br>*\$234 after 9/21/26 |
| C212  | SIDELYING MASSAGE<br>Oldham, Mindy   | 8 Hrs.  | Wed. SEPT. 30 8:30 AM – 5:30 PM  | C212 <input type="checkbox"/> 265.00*<br>*\$310 after 7/23/26 |
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**INTRO-EVENING FOR PROSPECTIVE STUDENTS: FRIDAY, AUG. 28, 2026 FROM 5:30 PM – 7:30 PM--Free**

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| I understand that I am obligated to pay only the tuition for which I am registering.  |  | Tuition Total \$ _____<br>\$45 Late Registration or Payment fee \$ _____<br>Supplies, Table, Insurance \$ _____<br>Total Fees Due \$ _____<br><input type="checkbox"/> Full Payment Enclosed \$ _____<br><input type="checkbox"/> 1/3 Payment Enclosed \$ _____<br><input type="checkbox"/> VA Education Payment \$ _____ |  |
| Student Signature _____ Date _____<br>SS# _____<br>Name _____<br>Address _____<br>City _____ State _____ Zip _____<br>Home/Work/Cell: _____<br>Email Address _____<br><input type="checkbox"/> Check box if you do <u>not</u> wish to receive communication from Cumberland | <input type="checkbox"/> Cash <input type="checkbox"/> Check or Money Order <input type="checkbox"/> Discover <input type="checkbox"/> MC/VISA |   |  |
| Submit Registration & Payment to:<br><b>Cumberland Institute</b> 500 Wilson Pike Circle, Suite 121<br>Brentwood, TN 37027<br>Teresa - 615-370-9794<br>Candis - 615-370-5869   | Card Exp Date _____ Sec Code _____<br>Card # _____<br>Name on Card _____<br>Card billing street no. /zip code _____ / _____                    |   |  |